



POLICE ACADEMY

OLDER ADULT DIVISION

Elder Abuse
Planning For Your Future
Personal Safety
Frauds and Scams
Falls Prevention
Medication Safety

*Emergency Preparedness
Fire Safety
Safe Banking Practices
Substance & Gambling Abuse
Safe Driving
Scooter Safety*

Graduation



***Empowering
older adults!***

Recognizing that there is a great need to keep our growing population well informed and enabling them to live safely & independently for as long as possible, Manitoba Association of Senior Centres & the RCMP and have taken a lead role in promoting the Police Academy-Older Adult Division program.

Designed to inform “students” on safety and security issues that benefit their overall well being, program topics include: Elder Abuse, Planning for Your Future, Personal Safety, Frauds & Scams, Falls Prevention & Medication Safety. There are also six optional topics: Emergency Preparedness, Fire Safety, Safe Banking Practices, Substance & Gambling Abuse, Safe Driving, & Scooter Safety. At the end of an Academy, a Celebration/Graduation is often held!

As a result of this program, participants will be:

- * Aware of issues concerning older adults.
- * Provided with tips and tools to continue living independently.
- * Aware of support initiatives set up in their local community.
- * Better able to stay safely at home, longer!

Keeping the organization of the program as simple as possible is one of our goals! A step by step program guide is provided to “hosts” which includes power point presentations for the above mentioned topics, facilitator notes, suggested handouts and everything one would need to know about planning an academy – from organizing to advertising!

The participation of local law enforcement is strongly encouraged. Hosts are urged to have an officer be a part of the program, whether they take a role in planning, presenting, or participating in any other way. Additionally, many times smaller communities are not aware of the opportunities for them to have speakers come out and present to them. In Manitoba we have a list of contacts for potential presenters for the various topics, while also encouraging the use of local presenters where applicable.

Academies are meant to be fun & to provide a safe place to ask questions. Feedback from program participants has been amazing. Many have been so appreciative of the opportunity to learn, and have a new found confidence with the knowledge gained. Graduates from the academy are encouraged to become mentors and share what they have learned. This program is a terrific way to enhance relationships, make use of our public resources and get information out to older adults, seniors/elders in the comfort of their own communities!



Start Planning Your Police Academy Today!



COORDINATOR CONTACTS

In Rural Manitoba:

Brenda Tonn,
Rural Program Coordinator
safeathome@mymts.net
Phone or Text: 204-841-1428

In Winnipeg:

Connie Newman,
Executive Director
info@manitobaseniorcentres.com
Phone or Text: 204-792-5838



POLICE CONTACTS

Sgt. Doug Lukawy
RCMP—Crime Prevention Services
Doug.W.Lukawy@rcmp-grc-gc.ca
Phone: 204-983-8688

Winnipeg Police Services
Community Relations
wps-communityrelations@winnipeg.ca
Phone: 204-986-6322

Supporting Life Long Learning