



POLICE CONTACTS

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COORDINATOR CONTACTS

In Rural Manitoba:

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In Winnipeg:

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**Manitoba Association
of Senior Centres**

In partnership with.....

Manitoba Seniors and Healthy Secretariat, A&O Support Services for Older Adults, Manitoba Consumer Protection Office, Winnipeg Police Services, RCMP, Addictions Foundation of Manitoba, & local pharmacists, lawyers, and financial institutions.

www.manitobaseniorcentres.com/resources



POLICE ACADEMY

OLDER ADULT DIVISION

Elder Abuse
Planning For Your Future
Personal Safety
Frauds and Scams
Fall Prevention
Medication Safety

*Emergency Preparedness
Fire Safety
Safe Banking Practices
Substance & Gambling Abuse
Safe Driving
Scooter Safety*

Graduation



*Empowering
older adults!*



PROGRAM PHILOSOPHY

The Police Academy: Older Adult Division is an innovative program developed to empower older adults by providing them with information on safety and security issues enabling them to make well-informed decisions. Older adults are viable, contributing members of our society. By providing information and resources, older adults are able to carry on living independently in their communities, offering a wide range of talents and capabilities.



EXPECTED OUTCOMES:

As a result of this program, participants will be:

- Aware of issues concerning older adults.
- Provided with tips and tools to continue living independently.
- Aware of support initiatives set up in their local community.
- Better able to stay safely at home, longer!

There is a wealth of knowledge out there that many are privy to but need assistance in accessing it. This program is designed to provide individuals with educational opportunities they may otherwise not know about.



YOUR INVOLVEMENT!

Our goal is to have Academies hosted all across the province. The program has been designed with step by step instructions to assist hosts in the planning of a Police Academy: Older Adult Division.

This is where you come in! Individuals or groups willing to host this program are provided with a planning binder. In this binder you will find:

- Guided instruction on how to plan your academy from start to finish!
- Sample advertising posters and invitations.
- A list of contacts for facilitators on each of the topics.
- Sample Power Point presentations and facilitator notes on a USB drive
- ...and much more!

You have the flexibility to decide how you would like to run the sessions. For example you may choose to host the classes over three consecutive days, over a series of half days or once a week. As well, you are welcome to make some or all the sessions inter-generational!

A small grant is available to those who organize a Police Academy: Older Adult Division. For more information contact your respective coordinator as found on the back of this brochure.



HOST TIPS

- Though an individual can organize this event, it is helpful to form an advisory committee of volunteers to help you out.
- Enlist the help of locals to either sit on the advisory committee or to deliver the presentation for one of the key topics.
 - ⇒ *Example: Local Bank Manager can present on Safe Banking Practices; Local Fire Chief can present on Fire Safety; Local Emergency Measures Officer can present on Emergency Preparedness.*
- The participation of local law enforcement is strongly suggested. Local police are encouraged to be a part of the advisory committee, to attend and/or present one or more of the topics. Their participation in the graduation ceremony is encouraged.
- Use local presenters where possible.

